

Heidi Fisher, DScPT



Your "Posture Doctor" . . .
A Realignment &
Movement Specialist

A Wise Move Physical Therapy & Pilates

- Doctor of Science in Physical Therapy (DScPT)
- Certified Manual Physical Therapist (CMPT)
- Orthopedic Clinical Specialist (OCS)
- Certified Rehabilitative Pilates Teacher (CPT)
- NeuroKinetic® Therapy Practitioner



Call or Text 520-488-6715
E-mail: HeidiFisherPT@gmail.com

I started A WISE MOVE PHYSICAL
THERAPY & PILATES to help:

- Individuals with increasing nagging aches, stiffness or movement restrictions or with less energy for their favorite activities
- Individuals who have had injuries and still feel limited by them or feel traditional PT didn't get them back to 100%
- Individuals who are feeling that gravity is winning with their posture and who may enjoy sedentary hobbies or work life and need a fun way to get moving and get stronger

My INTEGRATED MODEL OF PHYSICAL THERAPY, PILATES & NEUROKINETIC TESTING . . .

Provides one-on-one, dedicated time with a highly-skilled Doctor (who specializes in manual therapy, orthopedics, nervous-system learning, and rehabilitative Pilates movement)

Ensures that the program plan is customized to each person

Keeps it a fun, energizing experience that can help get the most out of life

Make an Appointment with the
Posture Doctor today!

520-488-6715

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Dr. Heidi Fisher, Licensed Physical Therapist

Fee-for-Service Business accepting credit card, check or cash